



## MY SKINNY SISTER (Min lilla syster)

Spring  
Season  
2016

Release: 2015

Cert (UK): 15

Language: Swedish with English Subtitles

Runtime: 95 mins

Director: Sanna Lenken

Writer: Sanna Lenken

Cinematographer: Moritz Schultheiß

Cast: Rebecka Josephson, Amy Diamond, Henrik Norlén



Here we see the portrayal of a dysfunctional family through the gaze of its youngest child, awkward precocious Stella (Rebecka Josephson) who is on the cusp of adolescence and idolises her older sister - competitive ice skater Katja (Amy Deasismont) - so is the first to

notice when Katja starts starving herself in her quest for excellence.

With outstanding performances by and chemistry between the two girls, Director Sanna Lenken's debut is a nuanced and naturalistic portrayal of a difficult but common scenario; unusually exploring the far-reaching emotional impact of eating disorders for those who depend on, and look up to, their sufferers.

'Swedish writer/director Sanna Lenken describes her admirable debut feature as an attempt to "examine what it means to grow up as a young girl [and] be judged for the way you look and not who you are". Rebecka Josephson is wonderfully engaging as Stella, the awkward adolescent who discovers with horror that her popular figure-skating sister Katja (Amy Deasismont) is hiding a growing eating disorder. Drawing on personal experience of anorexia, Lenken examines the conflicting web of intimacy and alienation that entraps both sisters and moves with humour and compassion toward resolutions born of honesty, insight and affection' – Mark Kermode, Guardian

